

Community Resilience Briefing – 21 October 2022

Dear Community Resilience Group/Community Council/Colleagues,

Welcome to The Highland Council's fortnightly briefing for groups with an interest in local community resilience.

Winter Vaccination Programme

- Public Health Scotland colleagues have recently translated information on the Covid and Flu vaccinations being offered as part of the Winter Vaccination Programme. This includes 36 community languages and British Sign Language versions, accessible here: [Other languages - winter vaccines | NHS inform](#)

Covid related information

- [Scottish Government Covid-19 Guidance](#)
- [NHS Inform Covid data](#)
- [NHS Inform Covid information and guidance](#)
- [NHS Highland local vaccination information](#) – this includes information on the winter Coronavirus (COVID-19) and Flu vaccination programme which is now underway.

Funding

SCVO is a key source of funding information for the third sector. Funds that may be of interest include:

- **Corra Foundation - Children and Families Fund**
Supports frontline services working with children and families affected by alcohol and drugs. Next deadline 1 December 2022.
- **Harbinson Charitable Trust**
Funds organisations working in education, health, agriculture, conservation, wildlife, and the arts. Applications can be made at any time
- **The Robertson Trust - Large Grants**
Focuses on work addressing the impacts of poverty and/or trauma relating to financial wellbeing, emotional wellbeing and relationships, or education and work pathways. Apply at any time, decisions made within 10-12 weeks.

Welfare, poverty reduction and resilience

- [Water Safety Scotland](#) – This voluntary association of organisations and individuals aims to reduce accidental drowning deaths in Scotland by 50% by 2026. More information, events, schemes, and resources are available at their website and in the attached posters.
- [Cyber Scotland Bulletin October](#) – Included is information on the latest scams, including a recent energy rebate scam and new guidance for companies to protect themselves and their customers online.
- **Energy Action Scotland** – Attached to this email is information about free training for front line staff held online throughout November and December. The training is aimed at staff responsible for looking after the health, wellbeing, and social welfare of vulnerable people, enabling them to offer appropriate and effective advice relating to fuel poverty/energy efficiency.

Mental Health and Wellbeing

- **Lochaber Cares** - A Community Learning and Development Approach to Community Mental Health Services for young people aged 5 -24, the Lochaber Cares project will facilitate community mental health and wellbeing projects and include events for children, young people, families, and communities. The Cares Team are holding Stakeholder workshops in each of the Community Planning Partnership areas to enable us to capture the voices and needs in your local area. This is your opportunity to influence the priorities for your community. The Meeting date is 15 November at 1030-1200 and 1830-2000, with an additional session 16 November for young persons at 1330-1500. See the Lochaber Cares attachment for information on how to attend.
- [NHS Highland Mental Wellbeing](#) – a collection of resources and signposts to help people of all ages to look after their own mental wellbeing.
- [Cost of living crisis and your mental health](#)
Many people are feeling the strain as the cost of living continues to increase. This [resource](#) provides information on how you can maintain your mental wellbeing at this time, alongside information on how to manage your money as bills rise.
- **Communities Mental Health and Wellbeing Fund** - Highland Third Sector Interface are pleased to share that there is new funding available for third sector organisations in Highland to promote adult mental health and wellbeing.

This is aimed at small-scale, grassroots community organisations to promote mental health and wellbeing and/or protect against the impact of distress and mental ill health within the adult population

Timeline:

Phase 1

Expressions of Interest opening 17 October

Expressions of Interest deadline Midday, 7 November

Phase 2

Expressions of Interest opening 5pm, 7 November

Expressions of Interest deadline 28 November

<https://www.highlandtsi.org.uk/hcmw-fund>

Emergency Planning

- Met Office Weather Warnings <https://www.metoffice.gov.uk/weather/warnings-and-advice/uk-warnings#?date=2022-08-11>
- Met Office Weather Ready <https://www.metoffice.gov.uk/weather/warnings-and-advice/weatherready>
- Floodline Scotland <https://floodlinescotland.org.uk/>
- Ready Scotland – preparing for emergencies <https://ready.scot/>